

Agender	A similar term to non-binary and gender queer, this term is used by a person who does not identify with a particular gender.
Androgynous	This term is associated with someone who is partly male and partly female. This word tends to refer to outward appearance.
Ally	<p>An ally is someone who believes and fights for equality for the LGBTQ+ community without necessarily being LGBTQ+ themselves.</p> <p>An ally:</p> <ul style="list-style-type: none"> • Familiarises themselves with the language • Understands the challenges that LGBTQ+ people face in the UK today. • Shows support and becomes involved in the LGBTQ+ community. • Stands up for what you believe in and challenge discrimination. <p>For more information about how you and members of your school can be an ally, visit Stonewall.</p>
Aromantic	This term describes a person who is not attracted to someone romantically. Some aromantic people do experience sexual attraction whilst others do not.
Asexual	Asexuality, like sexuality can be on a spectrum and it can change over time. An asexual person (sometimes referring to themselves as 'ace' for short), does not experience sexual attraction and may have little interest in sex. They may however, experience physical or romantic attraction to a person of their own or opposite gender. This term is not the same as abstinence or celibacy.
Binding	Chest binding is the practice of using material to tightly compress the breast tissue. This is practiced by people who do not want their chest to have a feminine appearance.
Bisexual	Bisexuality is when a person is sexually and/or romantically attracted to males or females. You may also have heard the term bicurious. This is where a person predominantly has sex with one gender but is curious about having sex with another.
Biphobia	Biphobia is a form of homophobia targeted against someone who is or perceived to be bisexual.
Cisgender or Cis	<p>A cisgender person is one whose gender is aligned to that assigned to them at birth.</p> <p>Underneath the umbrella term of cisgender, you may see the following gender options:</p> <ul style="list-style-type: none"> • A cisgender or cis female/woman is a female who was born a female and identifies as a female or woman. • A cisgender or cis male/man is a man who was born a male and identifies as man or male.
Deadnaming	<p>To deadname someone is to refer to them by the name they used before transitioning i.e., their birth name. Deadnaming someone intentionally is considered highly disrespectful and can have significant impact on their emotional health.</p> <p>If you have a child in your school that has transitioned and you accidentally deadname them, apologise, (without over apologising), recognise your mistake and move quickly on.</p>
Female to male or FTM	This term applies to someone who was assigned female at birth but now identifies as a male. Also known as transgender male.
Gay	This term is used to describe a sexual orientation. It is most commonly used to describe sexual attraction between men, although in recent years it has also been more widely used to describe people attracted to members of the same sex.

Gender	Gender is often referred to in terms of masculine or feminine and is largely assumed from the sex assigned at birth. The WHO defines gender as a social construct.
Gender dysphoria	Used to describe when someone feels distressed because there is a mismatch between the sex they were assigned at birth and their gender identity. This distress, often severe, can begin in early childhood often becoming more pronounced as they approach puberty.
Gender expression	Refers to how a person outwardly presents their gender, e.g., through what they wear, how they speak or how they act.
Gender fluid	Someone who is gender fluid does not identify themselves as having a fixed gender.
Gender non-conforming	A person may describe themselves as gender non-conforming. This means that they do not conform to the gender expectations that are seen as the social norm for their gender. This may be in expression, presentation, or behaviour.
Gender queer (sometimes identified as non-binary)	A gender queer person does not identify with conventional gender definitions. They may identify with neither, both or a combination of male and female genders.
Gender identity	The term gender identity describes the way a person internally feels about their own gender, i.e., how they feel inside about their gender. They may identify as a man, a woman, both, neither, or in another way.
Gender Questioning	When someone is exploring their gender identity and/or sexual orientation.
Gender re-assignment	Gender re-assignment is a protected characteristic under the 2010 Equality Act. Gender re-assignment can be used to denote a person's transition, usually meaning that they have undergone a surgical procedure, but not always. It can also mean that someone has changed their name, their preferred pronoun, and/or is dressing and living in their self-identified gender.
Gender Recognition Certificate (GRC)	To be issued with a new birth certificate a trans person will need to be issued with a GRC. You have to be over 18 before you can apply. NB: you do not need a GRC to legally change your gender on your passport.
Gender variant	Like gender non-conforming. This person's behaviour, or gender expression does not conform to the societal norms expected of a male or female gender.
Intersex	There are over 40 medical terms under the intersex umbrella. An intersex person is one who is born with a reproductive and/or sexual anatomy that does not fit within the definition of male or female sexes. NB Currently in the UK, parents are required by law to register a birth within six weeks, stating the gender of the child. This can lead to distress if the child does not identify later in their life with the gender stated at birth.
Male to female or MTF	This term applies to someone who was assigned the gender male at birth but now identifies as female.
Neutrois	A person who identifies as neutrois does not recognise any specific gender identity or is gender neutral.

Lesbian	This is a term used to describe a woman who is romantically/sexually attracted towards women.
Non-binary (sometimes identified as gender queer)	A person who is gender binary does not identify as having a gender identity that is either male or female. It is also an umbrella term used to cover other genders, e.g., bigender, gender queer, gender fluid and pangender.
Other	This term means different things to different people. Where societally gender has historically fallen within the parameters of male and female, the term other denotes a gender which falls outside of these parameters.
Outing	This term means different things to different people. Where societally gender has historically fallen within the parameters of male and female, the term other denotes a gender which falls outside of these parameters.
Pangender or pan gendered	This is an inclusive word for all genders and can be used to describe someone whose gender identity is not limited to one gender or may identify with many genders at the same time.
Pansexual	This is where someone's sexual or romantic attraction is not restricted to sex or gender. A person who is pansexual may identify with all genders.
Pronouns	Pronouns are words we use to refer to someone's gender when in conversation i.e., him, her, he, she. Some people, including those children who are transgender or non-binary may choose to be addressed using a gender-neutral pronoun, e.g., 'they', 'them,' or 'theirs,' or ones you may not have heard of, 'ze,' 'zem' 'zirs,' and 'xe,' 'xem,' and 'exir.'
Queer or gender queer	In the past this word was sometimes used in a derogatory way, but it has now been reclaimed by the LGBTQ+ community. This word can describe someone who does not fit in the traditional categories and rejects specific labels associated with gender and sexual orientation.
Trans*	<p>You may see the word trans followed by an asterisk e.g., trans woman* transman*. Believed to have started in the 1990's as an umbrella term to cover a wide range of identities that do not fall within the terms of transgender or transexual.</p> <p>Previously it was added as a wildcard when used in a Boolean search where trans* would illicit any words starting with trans.</p> <p>It can also connote other identities that do not include the prefix 'trans' e.g., agender, gender fluid, bigender and crossdresser.</p> <p>Using the asterisk is falling out of favour with the LGBTQ+ community with some people believing that the asterisk has many uses in the English language including being used to denote a footnote.</p>

<p>Trans, transgender and trans person</p>	<p>Trans is an umbrella term for those people whose gender identity is not the same as that assigned to them at birth. It can refer to someone who identify as neither male or female, a mix of the two or changes from male or female.</p> <p>Some people change their expressions, clothes, or lifestyles to reflect their chosen gender, whilst others may take hormones or have surgery. Being trans does not imply any specific sexual orientation. Trans people may describe themselves using a variety of terms including:</p> <ul style="list-style-type: none"> • Transman – a man who was assigned as female at birth. • Transwomen – a woman who was assigned male at birth.
<p>Transexual</p>	<p>This term is broadly used in the same context as transgender. Previously a more medical term like homosexual. Many LGBTQ+ people find the term offensive and outdated. It should not be used to refer to a person unless they specifically ask you to do so.</p>
<p>Transitioning</p>	<p>This term describes the journey that a trans person may take to live in the gender they identify with. Some trans people may choose to have a medical intervention, which can include hormone therapy or surgery but not all trans people choose to go down this route.</p>
<p>Two spirit</p>	<p>This is an umbrella term which was traditionally used by Native American communities to refer to an individual whose spirit is a blend of male and female. Recently claimed by some of the native American LGBTQ+ communities as an alternative to western labels.</p>